

JANUARY

RELOCATION AND DEPLOYMENT READINESS CALENDAR

Please visit our website for more information
NAVYMWRWASHINGTON.COM



JAN. 24 - 11 A.M.

Pre-Deployment Brief

Provides information to help family members prepare for deployment. Topics include finances, communication, making memories, goal setting, emergency contacts and highlighting potential challenges.



JAN. 24 - 1 P.M.

Deployment Support Group

A safe and supportive environment for family members to discuss their challenges and successes while their service member is deployed. Resources and on-the-spot referrals are available, if necessary.



JAN. 26 - 11 A.M.

Sponsorship Training

Training for service members who have been assigned as a sponsor by their Command Sponsorship Coordinator. Receive information about sponsor's role, tips to enhance the relocation process and how to maximize unit efficiency.

Classes held at the Fleet and Family Support Center Conference Room, Bldg. 154.
To register or for more information, call 202-685-0229.



**STAY
CONNECTED**

