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MARCH 16 - 10 A.M. Smooth Move OCONUS

Provides information, tools and resources to help families with the overseas relocation process.



MARCH 21 - 11 A.M. Pre-Deployment Brief

Provides information to help family members prepare for deployment. Topics include finances, communication, making memories, goal setting, emergency contacts and highlighting potential challenges.



MARCH 21 - 1 P.M. Deployment Support Group

A safe and supportive environment for family members to discuss their challenges and successes while their service member is deployed. Resources and on-the-spot referrals are available, if necessary.



MARCH 23 - 11 A.M. Sponsorship Training

Training for service members who have been assigned as a sponsor by their Command Sponsorship Coordinator. Receive information about sponsor's role, tips to enhance the relocation process and how to maximize unit efficiency.

Classes held at the Fleet and Family Support Center Conference Room, Bldg. 154. To register or for more information, call 202-685-0229.



