



JOINT BASE ANACOSTIA BOLLING (JBAB) MY PARENT & ME AREA RULES

- The Parent /Child Area is offered as a convenience for fitness center patrons, so children are not exposed to dangerous exercise equipment, while affording parents an opportunity to receive a quality fitness workout.
- Parents/legal guardians are responsible for the Parent/Child Area with their children at all times while using the Parent /Child Area.
- Parent /legal guardians must remain within the Parent/Child Area with their children at all while maintaining line of sight responsibility.
- Only children between 0-6 years are authorized to use the Parent /Child Area. The environment is primarily focused on the interests and needs of the children age 2-6yrs. For safety reason, children must stay behind the barrier wall at all times.
- A child may not use the play room if he or she display symptoms of a contagious disease or did not attend day care or school due to illness. Parents/legal guardians are responsible for ensuring that the following conditions or symptoms do not exist: cold, fever of 101 degrees or higher within the past 24 hours, constant cough, in the first 24 hours of an antibiotic, diarrhea, fussiness, or abdominal disposition.
- In case of a fire alarm, please gather your children and follow the exit signs to exit the building immediately.
- Children must be fully dressed to include socks or shoes at all times when using Parent/Child Area.
- The parent/legal guardians of unruly children will be asked to leave the facility. Unruly is defined as but not limited to, any child who is found disruptive, disrespectful, or engaging situation dangerous to themselves or others.
- Only G-rated videos will be played.
- Parents/legal guardians will be required to sign in at the Fitness Center front desk prior to using the Parent/Child Area.
- Parents must clean, sanitize, and organize the Parent/Child Area before leaving. Please use the solution on the wall marked for children's equipment to clean tables and other articles.
- Parents/legal guardians may provide toys for their children; toys must be of a non-violent nature and must be taken home and not left, or they will be disposed of.
- Parent/legal guardians who violate play area policies and procedures may be denied future use of the Parent/Child Area or the Fitness Center.
- Food is not allowed anywhere in the facility except bottle feeding, or special events in the lobby/viewing areas in the Fitness Center.
- My Parent and Me area will only be open during normal duty hours when staff is on duty.
- Occupancy is 14 people, including parents and children.
- Room will be closed when temperatures reach 80 degrees and higher.

Thank you,
JBAB Fitness Center Staff
(202) 767-5895

I certify that I have read and understand the My Parent & Me rules in the Joint Base Anacostia-Bolling Fitness Center and I agree to abide by all of the terms of this statement of understanding.

Rank/Name(PRINT)_____

Unit or Dependents/Sponsors Name/Unit_____

E-mail Address_____

Signature_____

Date_____ Phone_____