

FREE and open to Military Families with Children 5 Years & Under

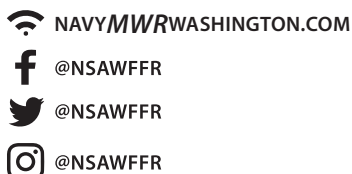
New Parent Support **Playgroup**

Join us as we **LEARN** through
play & **MEET** new friends!

*1st & 3rd Thursday
of Each Month
from 9-10:30am*



**STAY
CONNECTED**



Group Exercise Room, 3rd Floor
NSAW Fitness Center Bldg. 22

Contact the FFSC with Questions
Phone: 202-685-0229
Email: ffsc.nsaw.fct@navy.mil