



DEPLOYMENT RESOURCES

[Military Kids Connect](#)

Military Kids Connect is a DOD website dedicated to improve family readiness by enhancing resilience and coping skills in military children who experience the deployment cycle of a parent or caregiver. This site provides distinct age-appropriate content for kids (6-8yrs), tweens (9-12yrs), and teens (13-17yrs) as well as information and resources for parents and educators.

[Military Youth on the Move](#)

Moving can be really exciting, but it can also be pretty hard. Do you worry about losing your old friends or making new ones? Do you dread starting in a new school? If so, then you're not alone. This site was designed with you in mind, to cover topics such as these, specifically for military youth, like dealing with deployment and moving to a new location, and everyday youth topics as well.

[Staying Strong](#)

Staying Strong is designed to support the resilience of military-connected children and families through free on-line educational tools and guidance.

[Operation Purple Camps](#)

Provides free summer camp programs to the children of deployed Service members. There are also camps to help children who have a military parent who has been injured.

[United Through Reading](#)

United Through Reading is a non-profit organization founded to encourage parents and children to read together. Its military program is especially designed to help parents stay connected with children during deployment.

[Sesame Street for Military Families: Transitions](#)

This site contains a host of multimedia and downloadable resources aimed at supporting military families during times of transition.

[Sesame Street's "Talk, Listen, and Connect"](#)

This site offers information and support on a host of topics related to the military family experience.

[My Life a Kids Journal](#)

Health Net Federal Services has released three journals to help military children who have a loved one deployed, with frequent moves or the loss of a love one. They can be downloaded in PDF format.

[A Guide For Helping Children and Youth Cope With Separation](#)

This guide was created for parents, relatives, teachers, service members, and community members to help children and youth cope with separation from a parent due to military deployment.

[TRICARE Deployment Resources](#)

TRICARE provides a number of different resources for children of the military to assist and help them cope with the deployment of a parent.



[National Child Traumatic Stress Network](#)

To raise the standard of care and improve access to services for traumatized children, their families and communities throughout the United States.

[Operation Kid Comfort \(Armed Services YMCA\)](#)

ASYMCA's Operation Kid Comfort is designed to address the emotional stress that children of military personnel suffer during a parent's absence from home. Operation Kid Comfort provide free quilts for children six and under and pillows for children age seven and up.

[Children of Military Service Members Resource Guide](#)

In support of the DCoE mission to identify and promote effective instructional material for wounded warriors, families, and health care providers, we developed the *Children of Military Service Members Resource Guide* – an online resource to assist families and health care providers address the mental and emotional health needs of military children. The guide identifies age appropriate resources addressing such topics as deployment, homecoming, loss of a Parent, mental / Emotional Wellbeing and moving.

The appearance of a website on this page does not imply official endorsement by the DoD; It is merely provided as resource for your convenience and consideration.