

SUICIDE AWARENESS & PREVENTION



**Thursday, January 31
10 a.m. - Noon**

Fleet and Family Support Center
Washington Navy Yard
Bldg. 154 Conference Room

**Are you aware of the
issues surrounding
suicide?**

**Learn to identify the warning
signs, how to respond to
a suicidal person and
information on how to
access local resources.**

Do you know what to do if someone tells
you they want to take their own life?
What do you say? Who do you call?

Join us to learn how to recognize the
warning signs of suicide, what resources
are available, and how to teach others
about suicide prevention.

Help save a life.

Please register by Jan. 29.

Open to all with base access. Classes are subject to change.
Please call Fleet and Family Support Center at 202-685-0229 to
sign-up and reserve a seat for all classes, as space is limited.
For more information, call the Education Services Facilitator
at 202-685-8327.

**STAY
CONNECTED**

