

# TREAT Yourself

Oct. 15 - 30 5 a.m.-7 p.m.

Fitness Center, Bldg. 22, NSA Washington

Guess total grams of fat in the bowl of candy.

One guess per person each day.

The participant whose guess is closest, without going over, wins the bowl. FREE

Eligible patrons: Active-duty, reserve and retired military; DoD civilians, contractors and dependents.



**STAY  
CONNECTED**



For more information, call 202-433-2282  
or e-mail [mwr.fitness.nsaw@navy.mil](mailto:mwr.fitness.nsaw@navy.mil)

