

SUICIDE AWARENESS & PREVENTION



Are you aware of the issues surrounding suicide?

Learn to identify the warning signs, how to respond to a suicidal person and information on how to access local resources.

Do you know what to do if someone tells you they want to take their own life? What do you say? Who do you call?

Join us to learn how to recognize the warning signs of suicide, what resources are available, and how to teach others about suicide prevention.

Help save a life.

Please register by

Open to all with base access. Classes are subject to change. Please call Fleet and Family Support Center at 202-685-0229 to sign-up and reserve a seat for all classes, as space is limited. For more information, call the Education Services Facilitator at 202-685-8327.

**STAY
CONNECTED**

