



NAVY BIRTHDAY VIRTUAL 5K

FREE

OCTOBER 13, 2020

Eligible Patrons: All NSAW Personnel



**Register now for the Navy Birthday Virtual 5K
hosted by NSAW MWR!**

Online registration is available at
www.navymwrwashington.com/5Kregistration

**Complimentary runners medal will be presented to:
First 100 participants that register.**

Share your photos on social media using **#245thNavyBirthday**

For more information, email us at market.mwr-nsaw.fct@navy.mil or visit our website
www.navymwrwashington.com and click on the ad for more info!



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