



NSAW FIT LIFE

HEALTH & FITNESS INCENTIVE PROGRAM

**OCTOBER 2025
THRU SEPTEMBER 2026**

WASHINGTON NAVY YARD
FITNESS CENTER

Earn points toward rewards for participating in NSAW MWR Fitness Program activities. See the front desk staff for details.

Register online or at the WNY Fitness Center B22 Front Desk.



Call (202) 433-2282
for more information.

